



THE Juggling ACT

- Indoor Active Competitive Give Back
 Outdoor Less Active Non-competitive

THE IDEA

If you've ever thought of running away to join the circus, here's your chance to see if that would have worked out for you. 😊 Even if you're not ready for the Big Tent, learning a new skill always increases your brainpower and learning to juggle adds a pretty fun element to the process. Picking up a few coaching skills along the way will have you and your team learning a new skill together in a surprisingly short amount of time.

Shake up your team's meeting with a completely different experience. Boost engagement and energy, exercise their brains and take a break from the normal routine.

Most of us have had to learn a ton of new things - many of them seemed pretty daunting at first but with a little structure, practice, coaching and support, it's amazing what people can master.

THE DETAILS

- Give your team an invigorating break from your offsite meeting by engaging in some fun and interactive learning
- Participants will learn the skills needed to successfully master the art of juggling
- The principles involved in this process are simple and provide a reminder that we have all learned something that we never thought we could
- Each step will be explained and demonstrated before getting small groups in to practice and coach each other
- Individuals will set their own goals - regardless of how ambitious they are, everyone will leave with a sense of accomplishment

THE RESULTS

- Build relationships through fun, learning, making lots of mistakes and coaching each other to success
- Apply new learning skills to other challenges your team takes on
- Take a break from your conference/work meetings and inject a high energy challenge into your day

TEAM BUILDING PROGRAMS



Summit did an exceptional job. The program offered was well aligned with our company mission, and very well executed. The Summit team was a pleasure to work with. I would definitely recommend them for a fun team building event.

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