



# KINGBRIDGE REACHING NEW Heights

- Indoor  Active  Competitive  Give Back  
 Outdoor  Less Active  Non-competitive

## THE IDEA

Take your team to the summit and beyond as you experience team building on The Kingbridge Centre's high rope course. This exciting program will challenge your team to climb to new heights. Various roles include lead climbers, communications manager, base camp director and more.

Experience and debrief how communication, trust, goal setting, and many other critical team skills are needed to reach the goal. Although there are non-climbing roles, those that choose to climb must understand that this program is our most physically demanding program and involves sometimes difficult physical challenges at heights of 40-feet and beyond.

## THE DETAILS

- A progression of team activities prepares the group for the high ropes challenge ahead
- All participants are provided with the best equipment and instructed by highly trained and certified ropes course instructors
- Participants can choose from a variety of roles, such as critical support on the ground to ascending the vertical challenge of their choice
- A facilitated debrief session will connect the experience to relevant workplace learning
- A complete safety system and training is part of this program but participants must be physically fit and comfortable with heights. This program is not for everyone

## THE RESULTS

- Push boundaries and overcome limiting mindsets to achieve personal and team success
- Deepen a sense of responsibility, empowerment and ownership
- Build trust amongst team members
- Examine teamwork, communication, problem solving and many more critical team skills

## TEAM BUILDING PROGRAMS



*I have used these folks for two different corporate team building activities during national sales and marketing meetings. My team still talks about Scott and his team to this day. Everyone had a great time and the activities truly helped the team to grow!*

**Charlie Harte**  
Uponor



*sum.*  
**summit**  
TEAM BUILDING

team@summitteambuilding.com  
www.summitteambuilding.com