



Survive OR Thrive

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|---|---|--|---|
| <input checked="" type="checkbox"/> In-Person | <input checked="" type="checkbox"/> Indoor | <input checked="" type="checkbox"/> Active | <input checked="" type="checkbox"/> Competitive |
| <input type="checkbox"/> Virtual | <input checked="" type="checkbox"/> Outdoor | <input type="checkbox"/> Less Active | <input type="checkbox"/> Non-competitive |

THE IDEA

High-performing teams are never satisfied with the status quo. They are driven to always look for innovative ways of raising the bar and bringing sustainable performance and meaning to the work they do.

Survive or Thrive is an energetic, competitive team activity that can be done indoors or outdoors. All of the challenges require great teamwork to find success. If desired, we can facilitate high level debriefs to gather insights from those challenges to identify the key team skills that are needed to make thriving a reality. Whether debriefs are included or not, teams are building stronger morale and team relationships while competing in a fun and active challenge.

THE DETAILS

- Participants will be divided into competitive teams
- Teams must complete a series of activities all worth points. Teams are accumulating as many points as possible.
- Each activity will bring to life a key team skill required to “thrive” (e.g., communication, trust, alignment, brainstorming, etc.)
- Vital roles will exist for all participants regardless of ability or activity level

THE RESULTS

- Identify and practice the skills needed for team success
- Take a break from meetings and inject energy and fun into your meeting
- Understand and value each person's unique contribution to the team

TEAM BUILDING PROGRAMS



We have moved to a new level both individually and as a team. All the activities were fun and challenging - a great opportunity for us to switch gears, stay fresh and keep our creative juices flowing.

Rachel McCardle

Manager,
Brain Injury Community Re-Entry



1-800-685-5278

team@summitteambuilding.com

www.summitteambuilding.com