



# THE Juggling ACT

- In-Person
- Indoor
- Active
- Competitive
- Virtual
- Outdoor
- Less Active
- Non-competitive

## THE IDEA

If you've ever thought of running away to join the circus, here's your chance to see if that would have worked out for you. 😊 Even if you're not ready for the Big Tent, learning a new skill always increases your brainpower and learning to juggle adds a pretty fun element to the process. Picking up a few coaching skills along the way will have you and your team learning a new skill together in a surprisingly short amount of time.

Shake up your team's meeting with a completely different experience. Boost engagement and energy, exercise their brains and take a break from the normal routine.

Most of us have had to learn a ton of new things - many of them seemed pretty daunting at first but with a little structure, practice, coaching and support, it's amazing what people can master.

## THE DETAILS

- Give your team an invigorating break from your offsite meeting by engaging in some fun and interactive learning
- Participants will learn the skills needed to successfully master the art of juggling
- The principles involved in this process are simple and provide a reminder that we have all learned something that we never thought we could
- Each step will be explained and demonstrated before getting small groups in to practice and coach each other
- Individuals will set their own goals - regardless of how ambitious they are, everyone will leave with a sense of accomplishment

## THE RESULTS

- Build relationships through fun, learning, making lots of mistakes and coaching each other to success
- Apply new learning skills to other challenges your team takes on
- Take a break from your conference/work meetings and inject a high energy challenge into your day

## TEAM BUILDING PROGRAMS



*Summit did an exceptional job. The program offered was well aligned with our company mission, and very well executed. The Summit team was a pleasure to work with. I would definitely recommend them for a fun team building event.*

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