

# THE IDEA

This ropes course experience will literally take your team to new heights. This exciting session will utilize the power of experiential learning to enhance communication skills, building trust among team members, and encourage personal growth.

We have designed this program for participants of almost all ability levels and various roles can be played by team members. This session is fun, engaging, memorable, and will get your team into their learning zone!

Take your team's performance to the next level with this unforgettable team building experience.

# THE DETAILS

- We'll start the program off with a few warm up team activities and discuss the importance of trust and communication on a high performing team
- All participants are provided with the best equipment and instructed by our highly trained and certified ropes course instructors
- Challenge by choice provides an opportunity for all participants to succeed regardless of physical abilities or comfort levels
- A facilitated debriefing session will connect the experience to relevant workplace learning

## THE RESULTS

- Experience both personal and team growth
- Strengthen personal relationships
- Examine trust and communication as it relates to high performance
- Expand your comfort zone and support others as they do the same
- Discover tools and tips that can help teams be more effective in the workplace

### TEAM BUILDING PROGRAMS



Summit provided real tools that we can individually and collectively utilize to move our spirit forward on the journey of work life. I am now revitalized and open to take on the many opportunities that we face each and every day.

#### Heather Olszewski

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