



# BUILDING Bridges

- In-Person    Indoor    Active    Competitive  
 Virtual    Outdoor    Less Active    Non-competitive

## THE IDEA

Your team's goal is to build a series of highly specialized bridges. Participants will operate in small groups, cross-functional teams and as an entire organization to accomplish this bridge building challenge.

With limited time and resources, coupled with the expectation of big results, your team will have to tap into the necessary elements of effective communication in order to succeed.

## THE DETAILS

- Through an interactive approach to learning, participants will gain insight into the elements of effective communication
- Sub-groups will work on constructing sections of a bridge from geographically separated areas, with various barriers being placed on communication and collaboration being limited
- Meetings between sub-groups must be maximized in order to ensure the bridges will meet in the middle, and adhere to all the building parameters
- Bridges will be inspected, ensuring they meet all the building specifications and pass the weight test!

## THE RESULTS

- Overcome time, resource and communication constraints, all while working in geographically separated locations
- Build trust among team members
- Explore the benefits and pitfalls associated with collaboration and competition

## TEAM BUILDING PROGRAMS



*An excellent day with my colleagues that allowed to to see others' strengths and leadership skills and have a great time!*

**Somaiah Ahmed**

Chief of Emergency Medicine  
Headwaters Health Services



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**summit**  
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