



TEAM Quest Virtual Edition

THE IDEA

Bring recess back to your next virtual team meeting! The research is clear and it applies to all ages - taking a break from your busy agenda improves focus, relieves stress and recharges the batteries.

Team Quest is the perfect recess break. This fast paced competitive team challenge will require collaboration, learning a little bit about each other, communication and even get you up out of your seat. Not your average online meeting experience, this challenge will fully engage each person on the team to work together to complete the challenges as the team who earns the most points wins!

THE DETAILS

- Through a series of online team challenges, teams must collaborate, use creativity, and a sense of humour to submit their work to a google document
- Summit will be monitoring the google documents to award points and enter the quickest teams into bonus rounds
- The online activities vary - some will have teams learning something new about their colleagues, some require coordination, collaboration and creativity, some will require team members to get up out their seats to retrieve something unique

THE RESULTS

- Develop team relationships and get to know each other
- Take a refreshing break from your online meeting and experience your teammates in a fun and energizing way
- Use creative problem solving to get your team moving, laughing, and creating new memories

VIRTUAL TEAM BUILDING PROGRAMS



Summit was a big hit and one of the highlights at our recent senior leadership meeting. It was a fast-paced, competitive session, just perfect for our group! Well organized, extremely interactive, and lots of fun - highly recommend!

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